



SCIENTIFIC PROGRAM

10.15-10.45: Registrations / Welcome Note

10.45 -12.00: Theoretical Overview of Upper Limb Surgical Anatomy

12.00-13.45: Bone Joint & Other Approaches:

- Henry approach at the wrist- forearm
- Tendon Transfer for extensor pollicis longus rupture
- Flap foucher (KITE)
- DE QUERVAIN'S syndrome release
- 1st CMC Joint (Basal joint of the thumb)
- Dorsal approach of the wrist

13.45-15.30: Tendons Dissection/ Suture:

- Trigger finger release
- Tendon flexor zone II approach & suture kessler/kleinert
- Extensor apparatus dissection & suture

15.30-16.00: Lunch Break

16.00-18.45: Fasciocutaneous pedicle flaps dissection:

- W-Y flap
- Cross finger flap
- Flap foucher (KITE)
- Homodigital neurocutaneous flap
- Heterodigital pedicle flap (litter)
- Reverse Intermetacarpal flap
- Ulnar Forearm flap (Gilber - Becker)

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AITC

Anatomy
Techniques &
Training
Center

HAND/ UPPER LIMB SURGICAL ANATOMY

INSTRUCTOR Ioannis Ignatiadis MD, PhD



08 | MAR
2023

ORTHOPAEDIC
SURGERY

1-DAY COURSE /
7 EFFECTIVE HOURS

4 TRAINEES PER
HANDS-ON WORKSTATION /
16 ATTENDEES PER SESSION

LANGUAGE: ENGLISH

18.45-20.30: Nerves Dissection:

- Carpal Tunnel,
- Guyons Cannal
- Ulnar Tunnel at the elbow
- Radial - Posterior Interosseus Nerve (Frohse arcade level)
- Anterior Interosseus nerve dissection (pronator teres level)

20.30: Closing Note

Having a pair of magnification loops during the course is recommended for the trainees (x2,5 to 3). Each surgical table is available for 4 trainees.