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UNIVERSITY OF
PATRAS
ΠΑΝΕΠΙΣΤΗΜΙΟ ΠΑΤΡΑΣ

DEPARTMENT OF ORTHOPAEDICS,
UNIVERSITY HOSPITAL OF PATRAS, RIO-PATRAS
DIRECTOR PROF. P. MEGAS



HELLENIC ASSOCIATION
OF ORTHOPAEDIC SURGERY
AND TRAUMATOLOGY



SHOULDER AND ELBOW
HAOST SECTION

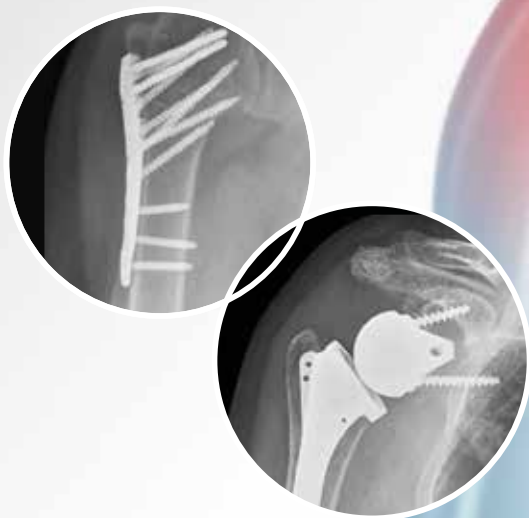
ADVANCED SHOULDER FRACTURE & Arthroplasty Course

9/10 December 2022

National &
International Faculty

Hands-On
Cadavers Session
in ORIF and
Arthroplasty

PROGRAM



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WELCOME ADDRESS

Dear colleagues and friends,

It is a great pleasure to welcome you to the **Advanced Shoulder Fracture and Arthroplasty Course**. The Orthopedic Clinic of the University of Patras organizes the educational Course "Advanced Shoulder Fracture and Arthroplasty Course", with practical training on cadaveric specimens, which will take place at the ATT Center in Athens on **December 9 and 10, 2022**.

Shoulder surgery has been developed impressively over the last decades, however it is time to ask ourselves what we really have achieved during this period using new technologies, sophisticated implants and modern surgical techniques.

The scientific program of this 2-day course has been carefully structured and will focus in surgical approaches and treatment of two main shoulder problems, fracture surgery and arthroplasty for glenohumeral arthrosis.

The first day will be focused on educational lectures and training with hands-on practice on cadaveric specimens in fracture surgery. Osteosynthesis (ORIF) will be performed in shoulder specimens.

The second day will be focused on educational lectures and training with hands-on practice on cadaveric specimens in reverse shoulder arthroplasty (RSA) for glenohumeral arthrosis. Of note, new cadaveric specimens will be used the second day.

The faculty consisted of distinguished International and Greek shoulder experts will present current concepts on these topics, and present their experience. It will be a great opportunity for the experienced shoulder surgeons to share knowledge and innovation, while the younger orthopaedic surgeons can attend a high-level Course and at the same time be trained on cadaveric specimens in osteosynthesis and reverse shoulder arthroplasty.

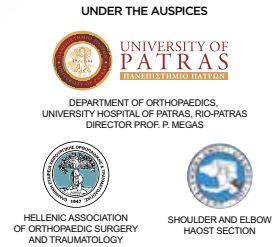
We are looking forward to welcoming you at the Advanced Shoulder Fracture and Arthroplasty Course, in Athens, and we wish you a valuable and enjoyable training.

Course Director

Zinon T. Kokkalis, MD, PhD
Associate Professor of Orthopaedic Surgery
School of Medicine, University of Patras, Patras, Greece
President of the Shoulder & Elbow HAOST Section



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COURSE PROGRAM

- 12.00 | 12.15 **Welcome Address**
- 12.15 | 13.15 **Proximal Humerus Fracture Treatment**
Moderators: **Z. Kokkalis, E. Fandridis**
X-rays to 3D analysis for proximal humeral fractures - a useful advancement
F. Zampeli
Transosseous suture fixation of proximal humeral fractures
P. Dimakopoulos
Nailing of proximal humeral fractures - Which are the key steps for success
D. Koulalis
Essential steps for ORIF of proximal humeral fractures
M. Fandridis
When I still do a hemi and when I go for a reverse arthroplasty?
J. Feroussis
Discussion
- 13.15 | 14.45 **Light Lunch**
- 14.45 | 15.45 **Management of Failures after Proximal Humeral Fracture Treatment**
Moderators: **P. Dimakopoulos, D. Varvitsiotis**
Complications after fracture treatment - Are we getting better?
D. Varvitsiotis
How to treat stiffness after proximal humeral fractures?
P. Pantos
Management of nonunions and malunions.
I. Galanopoulos
The failed surgery for fractures - What to do?
Z. Kokkalis
Discussion
- 15.45 | 16.15 **Coffee Break**
- 16.15 | 16.30 **Hall Changing for Cadaveric Session**
- 16.30 | 19.00 **Hands-on Cadaver Workshop - ORIF of Proximal humerus fractures**
E. Fandridis, I. Galanopoulos, Z. Kokkalis, D. Koulalis, P. Pantos, D. Varvitsiotis, F. Zampeli
- Approaches
 - Fracture Creation
 - Osteosynthesis

Friday, 9 December 2022

COURSE PROGRAM

Saturday, 10 December 2022

08:30 | 09:00 **Welcome Coffee**

09:00 | 10:15 **Total Shoulder Arthroplasty**

Moderators: **A. Kyriakos, Z. Kokkalis**

Anatomic TSA. Current concepts. Indications and limits.

A. Kyriakos

Approach and the keys for a perfect view to the glenoid.

M. Brilakis

How to manage the subscapularis in TSA: peel, tenotomy and osteotomy and how to repair each one.

I. Kotsalis

Key steps in TSA implant placement.

G. Panagopoulos

Video Demonstration – RSA **prerecorded**

P. Valenti

Discussion

10:15 | 10:45 **Coffee Break**

10:45 | 12:00 **Current challenges in Reverse Shoulder Arthroplasty.**

Moderators: **E. Fandridis, G. Panagopoulos**

RSA. Indications in 2022 – What are the available implant options now?

M. Antonogiannakis

Pre-op planning, PSI guides and mixed reality.

A. Boutsiadis

How to deal with a difficult glenoid (B2, C or medialized)

P. Papadopoulos

Humeral implant: long stem, mini stem or stemless?

Ch. Sinopidis

Fracture sequelea and RSA – Where are the challenges?

J. Gliatis

Discussion

12:15 | 12:45 **Light Lunch**

12:45 | 13:00 **Hall Changing for Cadaveric Session**



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COURSE PROGRAM

13.00 | 15.45

Hands-on Cadaver Workshop – TSA and RSA

A. Boutsiadis, G. Ciais, E. Fandridis, I. Gliatis, Z. Kokkalis, I. Kotsalis,
G. Panagopoulos

- Approaches
- TSA
- RSA

15.45 | 16.15

Closing Remarks



Saturday, 10 December 2022

FACULTY

Emmanouil Antonogiannakis	MD, Orthopaedic Surgeon, Director, 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece, MD, Orthopaedic Surgeon, Director, 3 rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
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Panagiotis Dimakopoulos	Orthopaedic Surgeon, Em. Professor of Orthopaedic Surgery, Greece
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Alexandros Kyriakos	MD, MSC, FRCS ORTH, Consultant Upper Limb Surgeon, Euromedica Clinic, Rhodes, Greece
George Panagopoulos	MD, Upper Limb Surgeon, Athens Medical Center



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SHOULDER AND ELBOW
HAND SECTION

FACULTY

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