

## SCIENTIFIC PROGRAM

**09.45-10.00:** Registrations / Welcome Note

**Prof. Georgescu A.**

**Dr. Ignatiadis I.**

**10.00 -10.20:** Theoretical Overview of Upper Limb Surgical Anatomy

**10.20-12:30** Bone Joint & Other Approaches:

- Henry approach at the wrist- forearm
- Tendon Transfer for extensor pollicis longus rupture
- Flap foucher (KITE)
- DE QUERVAIN'S syndrome release
- 1<sup>st</sup> CMC Joint (Basal joint of the thumb)
- Dorsal approach of the wrist

**12.30-14.00:** Tendons Dissection/ Suture:

- Trigger finger release
- Tendon flexor zone II approach & suture kessler/kleinert
- Extensor apparatus dissection & suture

**14.00-15.00:** Lunch Break

**15.00-17.30:** Fasciocutaneous pedicle flaps dissection:

- W-Y flap
- Cross finger flap
- Flap foucher (KITE)
- Homodigital neurocutaneous flap
- Heterodigital pedicle flap (litter)
- Reverse Intermetacarpal flap
- Ulnar Forearm flap (Gilber - Becker)

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Anatomy  
Techniques &  
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Center

# HAND/ UPPER LIMB SURGICAL ANATOMY

**INSTRUCTOR**  
Ioannis Ignatiadis

**GUEST PROFESSOR**  
Alexandru V. Georgescu M.D., PhD



**ORTHOPAEDIC  
SURGERY**

**1-DAY COURSE /  
8 EFFECTIVE HOURS**

**4 TRAINEES PER  
HANDS-ON WORKSTATION /  
16 ATTENDEES PER SESSION**

**LANGUAGE: ENGLISH**

## 17.30-20.15: Nerves Dissection:

- Carpal Tunnel,
- Guyons Cannal
- Ulnar Tunnel at the elbow
- Radial - Posterior Interosseus Nerve (Frohse arcade level)
- Anterior Interosseus nerve dissection (pronator teres level)

## 20.30: Closing Note

Having a pair of magnification loops during the course is recommended for the trainees (x2,5 to 3). Each surgical table is available for 4 trainees.