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Anatomy
Techniques &
Training
Center

HAND UPPER LIMB OPERATIVE APPROACHES & FLAPS DISSECTION

A 2-days Wetlab Course
in Fresh Frozen Specimens

INSTRUCTORS Dr Ioannis Ignatiadis • Alexandru V. Georgescu M.D., PhD



ORTHOPAEDIC
SURGERY

1-DAY COURSE /
8 EFFECTIVE HOURS

2 TRAINEES PER
HANDS-ON WORKSTATION /
16 ATTENDEES PER SESSION

LANGUAGE: ENGLISH

SCIENTIFIC PROGRAM

SATURDAY 1.06.2024

13.30-14.45: Registrations / Welcome Note (by Professor Georgescu & Dr Ignatiadis)

13.45 -14.00: Theoretical Overview of Upper Limb Surgical Anatomy

14.00-16.45: Bone Joint & Other Approaches:

- Henry approach at the wrist- forearm
- 1st CMC Joint (Basal joint of the thumb)
- Dorsal approach of the wrist
- Lateral collateral elbow (Head of Radius) approach

17.00-19.30: Tendons Dissection/ Suture:

- Trigger finger release
- Tendon flexor zone II approach & suture Kessler modified & Georgescu sutures
- Extensor apparatus dissection & suture
- DE QUERVAIN'S syndrome release
- Tendon Transfer for extensor pollicis longus rupture

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1-2 JUN
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SUNDAY 2.06.2024

10.00 -10.15: Theoretical Overview of Upper Limb Surgical Anatomy part II

10.15-13.45: Fasciocutaneous pedicle flaps dissection:

- W-Y flap
- Cross finger flap
- Flap foucher (KITE)
- Homodigital neurocutaneous flap
- Heterodigital pedicle flap (litter)
- Reverse Intermetacarpal flap
- Ulnar Forearm flap (Gilber - Becker)

13:45 – 14:00 Light Lunch

14.00-17.00: Nerves Dissection:

- Carpal Tunnel,
- Guyons Cannal
- Ulnar Tunnel at the elbow
- Radial - Posterior Interosseus Nerve (frohse arcade level)
- Anterior Interosseus nerve dissection (pronator teres level)

17.00: Closing Note

Having a pair of magnification loops during the course is recommended for the trainees (x2,5 to 3). Each surgical table is available for 4 trainees.